



STUDY GUIDE

February 11, 2024

Message Series:

All In

Message Title:

How to Manage Your Time

Teaching Pastor:

Tanner Iglio

Warm-up/Icebreaker: (10 min.)

If you had a day off all to yourself, what would that look like?

Pray:

Dear Lord, You are all powerful and mighty and yet, You are close and eager to spend time with us. As we draw near to You, help us to sense Your presence. We devote this study to You as we learn what it means to steward our most precious resource, our time. In Jesus' name we pray. Amen.

Get Started: (30 min.)

- Share a positive and negative experience from the past week, in other words share a high and a low.
- What is something you are looking forward to right now? How does looking forward to something in the future change your attitude and behavior in the present? Does it affect how you are spending your time now?

Read Ecclesiastes 3:11-15.

- What does it mean that God has set eternity in our hearts?

Read 2 Peter 3:8-10.

- What is the difference between the way God looks at time, versus the way people look at time?

Read 1 John 2:17.

- John makes our situation pretty clear, however, why do we often give up the things that last forever for what is temporary? How can we guard against wasting our time in this way?

*“Once we have adopted a **CAREFUL POSTURE** and have a better understanding of how much time certain things are demanding from us, we can start making **WISE** decisions. A lot of us assign equal importance and urgency to everything on our calendar. Or, we assign an exaggerated importance to the wrong things at the wrong time. The truth is, if we make every single thing out to be important and urgent, then we actually make nothing a priority. And that means everything getting done is either not getting the effort it deserves, or we are hurting ourselves in the process. Making **WISE** decisions is about realistically assessing what deserves our attention.” - Pastor Tanner Iglio*

Watch and Discuss Video: (Running time 10 min./20 min. discussion)

- Is blocking time a practice you have established? How do you prioritize your schedule?

“Whatever you have going on, it’s not more important than what Jesus or God had going on. That’s not to say that the things you are facing aren’t really important or demanding. It’s just to point out that if they take time to rest... You can, too. We have to be able to change our mindset and come to understand that taking time for ourselves is not only okay, but necessary.” -Pastor Tanner Iglio

- Would you consider rest and self-care to be a priority in your life? If yes, what do you do during this time? If not, do you see this as valuable enough to make a change in your schedule? What would you do first to make that change?

Reflect and Commit: (20 min.)

Read Matthew 6:33.

- What do you feel like you need right now? How can this verse help you to prioritize?

Read Psalm 90:12.

- Rephrase this verse in your own words.
- Do you have ways that you intentionally spend time with God? What are they? How often do you do this? How has your life been changed as a result?

*“This series, All In, is all about the idea that we become what we’re committed to. God wants us to become people who are committed to managing our time well so that we can make the most of every opportunity we have....consider having a **CAREFUL POSTURE: What demands our time?** And making **WISE DECISIONS: What deserves our time?**” ...The truth is, you can own your schedule. It doesn’t have to own you. You CAN make the most of every opportunity.” -Pastor Tanner Iglio*

Gather prayer requests and pray. (5-10 min.)

Pray:

Dear Lord, You are mighty and worthy of our time. We approach You with confidence knowing that You care for our deepest needs. One of those needs is that we understand Your will for our lives so that we may live wisely. Help us to seek You above all else and in doing so we are better able to manage our time in a way that is honoring of You. We pray all of this in the name of Jesus. Amen.