



STUDY GUIDE

August 28, 2022

Message Series:
Message Title:
Teaching Pastor:

On the Water
Bitter Waters
Angie Frame

Warm-up/Icebreaker:

Do you prefer milk chocolate, dark chocolate or no chocolate? Favorite candy bar?

Pray:

Dear Lord, please open our eyes to the truth of Your word. We pray for wisdom as we prepare to study, clarity for while we read, and discernment as we apply Your word to our lives. Let Your word change our actions. We pray the truth we find here will transform our hearts and minds to follow more after You. In Jesus' name. Amen.

Get Started:

"To experience God's healing, we have to hear from him. There's no magic way to make that happen, but there are ways we can create space where it might happen. We can focus our minds and hearts on God—whether that's during a walk in the woods, a drive down the road, on the front porch watching the sunrise or set, or in a glider by a crib in the middle of the night. We can give God our attention, and then—we can be quiet. Physically quiet, but also quiet in our heads. Instead of saying or thinking words to God, we just wait for words from Him. When we get distracted (which happens to everyone, by the way), we just focus on God again. No harm, no foul." - Pastor Angie Frame

Read Psalm 81:6-16.

- How does God describe the response of Israel to His faithfulness?
- What did God do when Israel refused to submit to Him?
- What does the Lord desire to do for His people?

Watch and Discuss Video: (Follow up videos paused for the summer)

Reflect and Commit:

"Back when God led them out of slavery in Egypt, this is what the Bible said: Then the Lord said to Moses, "Tell the Israelites...They are to encamp by the sea..." Exodus 14:1-2

Actually, I only show one time here, but the Bible repeats 3 times that they were to camp by the sea. That repetition is there to make a point: The people of God started this whole journey camped by water; they're ending it camped by water. And as they stop and set up camp this time, they'll remember that time. As the tribes group together and figure out who's sleeping where and who's doing what, they'll remember, and they'll get closure. God's telling them that this part of their story is over. And now it's time to heal—from all of that trauma. It's time to move from brokenness and bitterness to abundance." - Pastor Angie Frame

- Why do you think it is important for the Israelites to take time to be in this setting that reminds them of where they have come from and what they have been through? Is this a pivotal moment where they can choose healing? What's the alternative?

Read Isaiah 61:1-8.

- How does the Lord turn bitterness and or trauma around in the manner in which this passage describes? Have you seen it happen in your life or someone else's?

Read James 3:11.

- What important truth is James trying to say about our words here? What responsibility do we have in this?

“Wherever you are, Listen and Live. Listen to God’s voice. Live the life he wants for you. He’s the God who heals and on the other side of healing is a fuller, more abundant life than you can imagine.” - Pastor Angie Frame

Read Isaiah 38:17-20.

- What is one change you need to make in order to make your relationship with God your number one priority to better allow yourself time to heal and listen & live?

OPTIONAL: The song [HONEY IN THE ROCK](#) by Brooke Ligertwood was played at the end of the service. Listen to the song and pick out scripture verses embedded in the song.

Pray:

Dear God, please hear our cry for help, then guide us to listen to Your response. You know we are troubled by thoughts and feelings of anger, resentment, and bitterness at times. You also know why. With Your help, we can release our brokenness into Your hands. Help us to keep letting go of the negativity as often as it tries to return. May we listen and live more fully in You. How sweet it is to trust in Jesus and it's in His name that we pray. Amen.