

# EMERGENCY SERVICES

If a situation is critical, call 911 or go to the nearest emergency room.

Richmond-area hospitals with behavioral health units include [Chippenham](#), [VCU](#), [St. Mary's](#), and [Richmond Community Hospital](#), but in an emergency situation, the nearest ER will provide treatment and guidance.

**CRISIS LINES** - Crisis lines are free and confidential. Most are available 24/7.

- **SUICIDE**
  - NATIONAL SUICIDE PREVENTION LIFELINE - 800-273-8255
  - NATIONAL SUICIDE PREVENTION LIFELINE CHAT - [suicidepreventionlifeline.org/chat](http://suicidepreventionlifeline.org/chat)
- **CRISIS**
  - POWHATAN / GOOCHLAND COUNTY CRISIS COUNSELING - (804)598-2697
  - CHESTERFIELD COUNTY CRISIS COUNSELING - (804)748-6356
  - FARMVILLE / BUCKINGHAM / CUMBERLAND COUNTY CRISIS COUNSELING - (434)392-8177
  - CROSSROAD COMMUNITY SERVICES (AMELIA, BUCKINGHAM, CUMBERLAND, NOTTOWAY, PRINCE EDWARD COUNTIES) - (800)548-1688
  - RICHMOND BEHAVIORAL HEALTH AUTHORITY CRISIS LINE - (804)819-4100
- **MENTAL HEALTH**
  - NAMI HELPLINE - 800-950-6264 M-F, 10-6
  - NAMI CRISIS - TEXT 'NAMI' TO 741741
  - **NAM (National Alliance on Mental Illness)** [www.nami.org](http://www.nami.org)
  - **NATIONAL LATINO BEHAVIORAL HEALTH ASSOCIATION** [www.nlbha.org](http://www.nlbha.org)
  - Bipolar Hope <https://www.bphope.com>
  - To Write Love On Her Arms <https://twloha.com>
  - Jed Foundation <https://www.jedfoundation.org> (mental health resource for teens)
  - Autism Care Network/Autism Speaks <https://www.autismspeaks.org/autism-care-network>