



STUDY GUIDE

May 16, 2021

Message Series:

It's Time

Message Title:

Get Real

Teaching Pastor:

Brian Hughes

### Warm-up/Icebreaker:

Get-to-know-you rapid-fire questions:

- What's your middle name?
- If there was a hair in your soup at a restaurant, would you return it?
- What temperature do you like your thermostat at?
- What's something you could eat for a week straight?

### Pray:

Dear Lord, We praise You for Your guidance in our lives. Help us to fix our eyes on You, paying careful attention to our time and what You have to teach us. This time together is so valuable and we are learning more and more how to share an authentic faith. We are grateful for this opportunity. We pray this in Jesus' name. Amen.

### Get Started:

Everyone gets 10,080 minutes in a week. That's it, no more no less.

- Take 1-2 minutes to silently reflect on bucket filling activities vs. bucket draining activities for you. Share your top 3 in either category.

### Read Psalm 90:12.

### Watch and Discuss Video:

"People tried to tell Jesus how to spend his time - they made demands on him all the time. But Jesus knew that time was too valuable to live it by crisis - or by the demands of others. So He allocated time to critically important activities - things that would contribute to his life purpose or goal. Things like spiritual well-being. That's why Jesus retreated regularly from the demands of life to spend time with God. It's why Jesus spent significant time praying. And it's why Jesus allocated time to the circle of friends around him who were pursuing God." - Pastor Brian Hughes

### Read Psalm 39:4-5 and Ephesians 5:15-17.

- Do you have a way to prioritize valuable and/or important areas or your life from other demands? Name some of these areas that you protect.
- Pastor Brian discussed being proactive about the "Quadrant 2" areas of life, the truly important things, BEFORE they become urgent. Do you do this? If so, how? If not, will you change anything going forward?
- Name some "Quadrant 4" time wasters in your own life. Do you set time limits here?

## Reflect and Commit:

### 4 Qualities of a Small Group

1. **Deep Friendships**
2. **Authentic (Get Real)**
3. **Accountable**
4. **Common Goal: Life that Honors God**

“This 4th quality lays the foundation of all the rest. A great small group is one that shares this common goal: We all are trying to live lives that honor God in every way. For if we are faithful to the end, trusting God just as firmly as when we first believed, we will share in all that belongs to Christ (Hebrews 3:14, NLT). On what standard do we hold each other accountable? Life that honors God. On what basis do I trust you enough to let you know me? Because we both want a life that honors God. Why would we get real with each other? We want a life that honors God.” -Pastor Brian Hughes

### **Read Hebrews 3:12-14.**

- Does your small group have all four qualities? Give some examples to support your analysis where possible. Is there an area where your group has a weak link?
- Reread the second half of the quote above, and answer the questions Pastor Brian posed.

### **Pray:**

Dear Lord, Our lives are fuller as our friendships and faith deepen. As we meet together and get real with one another, we seek to honor You with our lives. Help us to continue to live wisely, making the most of every opportunity with the people You have placed around us. In Jesus' name we pray. Amen.

“Most of us spend too much time on what is urgent and not enough time on what is important.”  
— Stephen R. Covey