



STUDY GUIDE – January 12, 2020

Message Title: Humility
Teaching Pastor: Angie Frame

This study guide has been designed for Small Groups in mind, and can be used by individuals as well.

Check-in:

Who is the G.O.A.T. in terms of (pick categories) for instance LeBron and Jordan, race car drivers, actor/actress?

Pray:

Pray for our time together, that the Holy Spirit would help us to consider who we are becoming. That He would guide us as we ask the questions, "Who do I think I am?" More importantly, "Who does God want me to be?"

Get Started:

Your personal identity—how you see yourself—is often shaped by your early experiences in life.

- Share a "humbling" experience that became a life lesson.

Pastor Angie talked about '**Knowing Yourself**', and mentioned *Growth Track*.

- If you went through GT, then what did you learn about yourself with the Spiritual Gift and DISC Assessments?
- If you didn't go through GT, but have taken other tests, then what did you learn about yourself? (personality, introvert/extrovert, spiritual gifts, etc.)

How can you be intentional about learning about yourself?

Watch & Discuss the Video:

Read the following pairs of verses. Discuss what the verses say about who we are and who God is, and why it's important to read both of them.

- **Read Philippians 4:13** and **John 15:5**.
- **Read Genesis 1:27** and **Romans 3:23**.

To become humble like God, we need to know God. What does the following passage say about how we can know God?

- **Read John 15:1-5**.
- Jesus repeats remain. This repetition is valuable and should get our attention.
- Let's brainstorm ideas for how we can "remain in Jesus" personally and as a group.

Dive-in:

When Jesus chose to humble himself and look to our interests, he went to the extreme.

Jesus brought about a humility revolution. John Dickson

Pastor Angie continues with Dickson's thoughts by saying: Our current, Western understanding and appreciation of humility is something we show toward one another, not just those in power over us, and it began with Jesus. It was radical and revolutionary then.

Could it be radical and revolutionary now?

Angie posed the question: Could focusing on an internal thing like humility actually be the place to start if we want to change external things in our lives like our relationships and health, our finances and time management? How might humility change your...

Marriage and Relationships?

Parenting and Friendships?

Career or Education?

Finances and Giving?

Only when we begin to change the way we identify ourselves will outward change be lasting.

Commit: What can we do this week to humble ourselves and to elevate others?

Patrick Lencioni, organizational health writer and speaker, says, "Humility is the single greatest and most indispensable attribute of being a team player." He suggests practicing the following actions of humility until they become natural:

- Compliment someone
- Admit mistakes
- Apologize
- Ask someone questions instead of talking about yourself

Which of those will you commit to practicing this week?

Pray: Pray for the group members and the commitments made above.