

This study guide has been designed for Small Groups in mind, and can be used by individuals as well.

Name a scary movie or show you've seen and whether or not you liked it.

Watch The Video

What are some of the tangible things you fear? What animal are you afraid of? What kind of weather or natural disaster?

Angie shared being scared about a job opportunity. When have you felt afraid about an opportunity or decision?

Read the Lord's Prayer in Matthew 6:9-13.

- Verse 11--Do you fear having your needs met?
- Verse 12--Do you fear NOT being forgiven by God? By other people? Do you fear not being able to extend forgiveness to someone?
- Verse 13--What temptations do you fear? What evil in our world scares you?

How might learning the Lord's Prayer help you face your fears?

Read 2 Timothy 1:7-10.

- Do you generally have a disposition that's more fearful or powerful?
- Paul's in prison and suffering because he's done what God called him to do. What are you afraid that God might call you to do? to give up? to change?
- What power do you find in verse 10? How might help you face your fears?

Read Matthew 22:29.

- No one really knows all of the Scriptures, but all of us should work to know some Scriptures.
- What ways have you tried to learn Scriptures? What's worked for you? What hasn't?
- Do you have a favorite verse that helps you fight fears? If so, then share with the group.
- This week, either find a verse that works for you, or use "For yours is the kingdom, the power, and the glory forever," and say it every day.

Share something you're afraid of (for yourself, a child, a parent, for your home, family, or job). Pray for those concerns together before you close, and pray for each other's fears throughout the week.

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