



August 12, 2018

Message Title: Do Not Commit Adultery

Teaching Pastor: Brian C. Hughes

This study guide has been designed for Small Groups in mind, and can be used by individuals as well.

Pastor Brian talked about the inverse relationship between a marriage's health and it's vulnerability. Discuss with your spouse/Small group how you would assess the health of your marriage.

Key Points

1.	How often do you argue with your spouse?
2.	Do you feel your spouse 'fights fair'? Do you?
3.	Do you have unresolved conflict?
4.	Privately write a number from 1-10 that would indicate how close you feel with your spouse (10 = very close). After you both write your score, share your results with each other.
5.	What was the last book you read about marriage? If it's been more than a year, do some research together and decide on a book that you'll read together.
6.	When was the last time you went out together, just the two of you. If it's been more than a month, plan a date night.
7.	When you spend time together, do you go 'distraction free' and leave the cell phone, or do you have it with you and allow it to interrupt your time together? Discuss this with each other.
8.	How can your small group help each other to strengthen the marriages in it?

9. Pray for each other. Each couple should take the time to pray, out loud, together, for each other.

Books referenced:

- The 5 Love Languages by Gary Chapman
- For Men Only by Shaunti Feldhahn and Jeff Feldhahn
- For Women Only by Shaunti Feldhahn and Jeff Feldhahn
- Rekindling the Romance by Dennis and Barbara Rainey
- Love & Respect by Emerson Eggerichs

Software Referenced:

- www.covenanteyes.com

Notes: