



July 1, 2018

**Message Title: Me and Only Me**

**Teaching Pastor: Brian C. Hughes**

*This study guide has been designed for Small Groups in mind, and can be used by individuals as well.*

Key Points	
<b>1.</b>	<p>From memory (no cheating), write down as many of the 10 commandments as you can. After you write them, share what you wrote with your group and check together how many you got right. (You can find them in Exodus 20)</p> <ol style="list-style-type: none"> <li>1.</li> <li>2.</li> <li>3.</li> <li>4.</li> <li>5.</li> <li>6.</li> <li>7.</li> <li>8.</li> <li>9.</li> <li>10.</li> </ol>
<b>2.</b>	<p>How have you thought about the 10 commandments?</p> <p>Are they restrictions?</p> <p>Outdated rules?</p> <p>Are they central to your life?</p> <p>Do you see them as no-brainers?</p>
<b>3.</b>	<p><b>Watch the Video from Pastor Brian.</b></p>
<b>4.</b>	<p>How are you living out the first commandment?</p> <p>What changes do you need to make in your life to more fully do this?</p>

**Notes:**