

CHANGE



Study guide

January 7, 2018

Message Title: Attitude

Teaching Pastor: Brian C. Hughes

Bible Verses:

- Philippians 4:8

Key Points

1. Brian said in the message that he counted the top ten news stories and found that 8 out of 10 were negative.

What has been your experience been?

Is what you hear weighted towards negative or positive things?

2. Read Philippians 4:8. There are 8 categories that God challenges us to focus our thoughts on. Right each on down (True, Noble, etc.).

Now, after each word, write some things that you see around you or inside of you or in the world that goes with that word. For example, what do you see that is true?

What's happening in your life that is right?

What comes to your mind when you think of 'lovely' (or beautiful)?
(keep going, do each one)

3.	Brian talked about 3 ‘shifts’ in the way we think: a. I will be positive not negative. b. I will focus on possibilities instead of barriers. c. I will see myself as valued and loved by God. Which of these do you think will be hardest for you?
	<i>Commit to memorize Philippians 4:8 and pray for each other that you will have a fundamental shift in your thinking this year, beginning today.</i>

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