



# FEAR NOT Study guide

Christmas 2017  
current series

December 3, 2017

Message Title: Family Dysfunction

Teaching Pastor: Brian C. Hughes

## Bible Verses:

- Luke 1:5-25, NIV
- Luke 1:57-66, NIV

## Key Points

1.	Is there anything you have waited for a really long time and either have never gotten or received a long time after you first asked for it?
2.	Is there a situation in your family that is really hard to stay silent about?  Have you tried to bring it up?  What happens?
3.	In what ways could talking actually be counterproductive to the goal of reconciliation or healing?
4.	Zechariah names his son John, going against family tradition, because God told him to. Name something that God has told you to do with your life or in your life that faced resistance in your family?

	<p><b>5.</b> Pastor Brian talked about differentiation as a method of reducing anxiety in a family system. In what ways have you practiced this in your family?</p> <p>What relationships do you need to begin to differentiate?</p>
	<p><b>6.</b> Sabotage is the natural reaction to differentiation. If you identified a relationship where you need to differentiate, what kinds of sabotage do you expect to see?</p>

**Notes:**

Blank area for notes.