

# STUDY GUIDE



**August 20, 2017**

**Message Title: GENTLENESS**

**Teaching Pastor: Brian C. Hughes**

## **Bible Verses:**

- James 1:19, NIV
- I Corinthians 4:13, NLT
- Proverbs 15:1, NIV

## **Key Points**

**1. What comes to your mind when you think of the word 'gentle'?**

**Is it positive or negative?**

**Is that a word you'd like to have someone use to describe you?**

**2.** Brian said that gentleness was not weakness, but was strength restrained. He gave us 3 parts:

- Ego restrained
- Anger restrained
- Power restrained

One way to keep our ego restrained is to keep our minds open. We do this by listening to other people and recognizing that we're not right all the time about everything.

Everyone should be quick to listen, slow to speak  
~James 1:19b, NIV (part)

**Do you feel like you're a good listener? Most people do.**

Attached is a listening inventory. Take the test yourself and give a copy to someone who knows you well to also answer the questions about you. Compare your answers.

Just because you think you're a good listener doesn't necessarily mean you are. By asking someone else to evaluate you, you can see where you can improve in this area.

**3.** Brian also said that gentleness was anger restrained. It seems like there is a high level of anger and frustration in our world right now.

The Bible teaches us through the following verses:

We appeal gently when evil things are said about us.

~1 Corinthians 4:13a, NLT

A gentle answer turns away wrath, but a harsh word stirs up anger.

~Proverbs 15:1, NIV

**Are you using your social media platform to promote gentleness or anger?**

**Notes:**