



Study guide

February 3, 2019

Message Title: One Commitment

Teaching Pastor: Brian C. Hughes

This study guide has been designed for Small Groups in mind, and can be used by individuals as well.

In Sunday's message, Pastor Brian talked about the 'stops' on the spiritual journey. First was an awareness of God, then a decision about the existence of God, then a look at who God is, a decision about Jesus. Share with your group about where you are on the spiritual journey. (Saying that you are still investigating and are unsure about Jesus is OK!)

WATCH the video

In the Video and on Sunday, Brian talked about 'imposter ideas' that keep us from committing fully to Jesus.

- a. I'm just not ready.
- b. Religious people are no different from me (they act the same).
- c. I need to get my life right first.
- d. I have more questions.
- e. I'm afraid of the judgment of God.
- f. I'm afraid of the judgment/rejection of my friends/family.
- g. I've gone too far for God to forgive me.
- h. I'm fine on my own.

What other ideas have you heard people say are holding them back? Which one from the list above do you most relate to? Why? Share with your group.

Describe what you think a full commitment to Jesus looks like?

Reach Matthew 16:24-26 together.

What do you think Jesus is saying here?

What does it mean to 'take up your cross'?

What does it look like to 'deny yourself'?

In what way could you more fully commit your life to Jesus? Share out loud with each other and pray for each other before you leave.

Notes: