



just ONE PCC Students

GET STARTED with Blindfold Mine Field

Four participants at a time (two teams of two). Two are blindfolded, and two are not. Using an open space, create obstacles over a 10-15ft area. While one team member (out of two) is blindfolded, the other must attempt to guide their teammate safely to the finish line without tripping over any obstacles. The person who is guiding may only use their voice to help the blindfolded player. First player to the finish line, wins. (The teammate who is blindfolded is **committing** to trusting the voice of the player guiding them through the obstacles.)

1. Game Debrief; For those blindfolded – how difficult was it to commit to trusting the person guiding you? Were you worried you would trip and fall?
2. Ice Breaker Question: What was the last commitment you made? Was it a sport, event, friendship, etc.?

WATCH THE VIDEO.

1. Have you ever committed to something and then wanted to back out like the story in the video?
2. What do YOU think it means to make a commitment to God? What does this look like for your life?
3. Have you ever seriously considered committing your life to God if you haven't already? If you have, what did that decision look like for you?

STUDY.

Read **MATTHEW 7:13-14**.

4. Do you feel like making a decision is sometimes like facing a fork in the road or choosing a gate to enter through? How do you decide which way to go?
5. Which imposter stands out to you the most?

Read **MATTHEW 16:25**.

6. What does it mean to give up your life to follow God? What is something you can think of that you could do differently to set a better example for others?

CHALLENGE

What is **JUST ONE** thing you can identify in your life that you need to change in order to make or further your commitment to God?

PRAY.